

RAIN CITY STAMPEDE  
TOP PERFORMANCES 1999-2015

The current 3000 and 4000 meter courses were first used their current configuration in 1999, so only times from that year forward are listed. In 1999-2000 midgets (11-12) ran 4000 meters on the same course as is currently used, so those times are also listed. The 2000 meter course was first used in 2006.

7-8 (SUBBANTAM) GIRLS - 2000 METERS (2006-15)

All sub 9:30 times listed.

1.	Faith Martinez	Speed Unlimited	8:36	2012
2.	Taylor Nichols	Rain City Flyers	8:44	2012
3.	Jazmyn Stone	Federal Way TC	8:51	2011
4.	Claudia Wolf	Cascade Striders	8:54	2012
5.	Sydney Collier	Cascade Striders	8:55	2015
6.	Anya Hirschfeld	Rain City Flyers	8:59	2009
7.	Sydney Collier	Cascade Striders	9:03	2014
8.	Ivy Stringham	Unattached	9:04	2015
9.	Tegan Holmes	Federal Way TC	9:06	2015
10.	Danielle Jaculewicz	Rain City Flyers	9:07	2010
11.	Sloane Selenis	Rain City Flyers	9:08	2012
11.	Fiona Wolfe	Cascade Striders	9:08	2014
13.	Clara Mackison	Barron Park Striders	9:11	2014
14.	Kirsten Flindt	Plateau Runners	9:15	2006
15.	Rebecca Daniels	Cascade Striders	9:17	2014
16.	Kristen Laidler	Cascade Striders	9:20	2007
17.	Jazmyn Stone	Federal Way TC	9:24	2010
18.	Emily DeJarlais	Cascade Striders	9:26	2011

7-8 (SUBBANTAM) BOYS - 2000 METERS (2006-2015)

All sub 9:15 times listed.

1.	Will Schneider	Rain City Flyers	8:17	2013
2.	Nathan Evans	Issaquah Gliders	8:28	2012
3.	Miles Herndon	Rain City Flyers	8:29	2013
4.	Rowan Rathbun	Rain City Flyers	8:37	2011

5.	William Lanser	Unattached	8:41	2014
6.	Parker Rathbun	Rain City Flyers	8:43	2008
7.	Oliver Kramer	Barron Park Striders	8:45	2012
7.	Hudson Atrosh	Speed Unlimited	8:45	2014
9.	Rayjin Olson	Cascade Striders	8:47	2012
9.	Caleb Hirschfeld	Rain City Flyers	8:47	2014
10.	Rory King	Unattached	8:48	2009
11.	Gavin Levchak	Federal Way TC	8:53	2013
12.	Miles Wilson	Unattached	8:54	2014
13.	Lewis McGehee	Rain City Flyers	8:55	2010
14.	Jackson Fitch	Rain City Flyers	8:56	2014
15.	Zack Wilson	Cascade Striders	8:58	2014
16.	Duncan Frisbie-Smith	Rain City Flyers	8:59	2014
16.	Quinton Brooks	Speed Unlimited	8:59	2015
18.	Paul Seycheron	Cascade Striders	9:05	2013
19.	Kyle Bretherton	Rain City Flyers	9:08	2006
20.	Jonathan Long	Snohomish TC	9:09	2015
21.	Chris Anderson	Rain City Flyers	9:12	2012
22.	Harrison Cabe	Issaquah Gliders	9:13	2010

### 9-10 (BANTAM) GIRLS - 3000 METERS (1999-2015)

All sub 13:00 times listed

1.	Taylor Nichols	Rain City Flyers	12:04	2014
2.	Kate Jendrezak	Speed Unlimited	12:10	2012
3.	Nicole Cochran	South Hill Striders	12:14	1999
3.	Danielle Jaculewicz	Rain City Flyers	12:14	2012
5.	Sloane Selenis	Rain City Flyers	12:17	2014
6.	Sophie Cantine	Issaquah Gliders	12:19	2009
7.	Paige Rice	Oregon CC	12:21	2006
8.	Katherine Copeland	Issaquah Gliders	12:22	2009
8.	Kate Forsberg	Cascade Striders	12:22	2012
10.	Maya Nichols	Rain City Flyers	12:24	2012
11.	Anya Hirschfeld	Rain City Flyers	12:25	2011
12.	Emily DeJarlais	Cascade Striders	12:29	2013
13.	Sammy McGanney	Rain City Flyers	12:30	2005
13.	Patrice McWilliams	Federal Way TC	12:30	2007
13.	Faith Martinez	Speed Unlimited	12:30	2013

16.	Faith Martinez	Speed Unlimited	12:31	2014
17.	Sloan Selenis	Rain City Flyers	12:36	2013
18.	Brittani Shappell	Whatcom Tesseract	12:38	2010
19.	Katya Matora	Cascade Striders	12:40	2007
20.	Briahna Gibson	Snohomish TC	12:41	2007
21.	Amy-Eloise Neale	Federal Way TC	12:43	2005
22.	Claudia Wolf	Cascade Striders	12:48	2013
23.	Kelsey Lenzie	Rain City Flyers	12:49	2011
24.	Sammy McGanney	Rain City Flyers	12:50	2004
25.	Aliya Schenck	Speed Unlimited	12:51	2010
25.	Emily DeJarlais	Cascade Striders	12:51	2012
27.	Ava Borsheim	Federal Way TC	12:53	2015
28.	Ella Borsheim	Federal Way TC	12:54	2014
29.	Lily Engelbrekt	Rain City Flyers	12:56	2005
30.	Asa Selenis	Rain City Flyers	12:58	2012

#### 9-10 (BANTAM) BOYS - 3000 METERS (1999-2015)

All sub 12:10 times listed

1.	David Goldstone	Federal WayTC	11:23	2005
2.	Jack Pearce	Rain City Flyers	11:39	2005
3.	Drew Oliver	Rain City Flyers	11:46	2015
4.	Jesse Goldstone	Federal Way TC	11:49	2008
5.	Amin Tufa	Rain City Flyers	11:50	1999
5.	Jacob Pogue	South Hill Striders	11:50	2003
7.	Evan Bruce	Spokane Mercury	11:51	2014
8.	Drake DaPonte	Issaquah Gliders	11:53	2000
9.	David Goldstone	Federal Way TC	11:55	2004
10.	Jesse Goldstone	Federal Way TC	11:56	2009
11.	Eric Walsh	Barron Park Striders	11:57	2001
12.	Drew Oliver	Rain City Flyers	12:00	2014
13.	Elian Joseph	Speed Unlimited	12:01	2012
13.	Garrett Nemeth	Federal Way TC	12:01	2014
15.	Ruben Luthra	Cascade Striders	12:02	2011
16.	Jacob Pogue	South Hill Striders	12:07	2002
16.	Parker Rathbun	Rain City Flyers	12:07	2010
18.	Simon Barbee	Federal Way TC	12:08	2005
18.	Nathaniel Evans	Speed Unlimited	12:08	2013

20. Noah Heidenreich Rain City Flyers 12:09 2004

### 11-12 (MIDGET) GIRLS - 3000 METERS (2001-2015)

All sub 12:00 times listed

1.	Sophie Cantine	Speed Unlimited	11:06	2011
2.	Amy-Eloise Neale	Snohomish TC	11:13	2007
3.	Katherine Copeland	Speed Unlimited	11:21	2011
4.	Lila Rice	Rain City Flyers	11:25	2007
5.	Sophie Cantine	Speed Unlimited	11:26	2010
6.	Nicole Cochran	South Hill Striders	11:30	2001
6.	Lily Engelbrekt	Rain City Flyers	11:30	2007
6.	Emmie Sullivan	Whatcom Tesseract	11:30	2013
9.	Maddie Meyers	Rain City Flyers	11:33	2006
9.	Anya Hirschfeld	Rain City Flyers	11:33	2013
9.	Maya Nichols	Rain City Flyers	11:33	2013
12.	Danielle Jaculewicz	Rain City Flyers	11:35	2013
13.	Julia David-Smith	Speed Unlimited	11:44	2015
14.	Meissa Neumann	Speed Unlimited	11:50	2012
15.	Katherine Copeland	Barron Park	11:51	2010
16.	Emmie Sullivan	Whatcom Tesseract	11:52	2014
17.	Brooke Kingma	Rain City Flyers	11:53	2009
18.	Laura Rodeheffer	Whidbey Island TC	11:56	2010
19.	Hazel Carr	Unattached	11:57	2009
20.	Alexis Manns	Cascade Striders	11:58	2009
20.	Anya Hirschfeld	Rain City Flyers	11:58	2012

### MIDGET GIRLS - 4000 METERS (1999-2000)

All sub 17:30 times listed

1.	Nicole Cochran	South Hill Striders	15:56	2000
2.	Sarah Lorch	South Hill Striders	16:36	2000
3.	Rachel Wilbur	Cascade Striders	16:55	2000
4.	Abby Tybur	Bellevue Eagles	17:02	1999
5.	Rebecca Yates	Rain City Flyers	17:18	2000

## MIDGET BOYS - 3000 METERS (2001-2015)

All sub 11:10 times listed

1.	Jack Pearce	Rain City Flyers	10:49	2006
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3.	David Goldstone	Federal Way TC	10:51	2006
4.	Gabriel Fendel	Cascade Striders	10:52	2011
5.	Noah Wallace	Snohomish TC	10:55	2011
6.	David Goldstone	Federal Way TC	10:58	2007
7.	Amin Tufa	Rain City Flyers	10:59	2001
8.	John Rodeheffer	Unattached	10:59	2008
9.	Brandon Clark	Issaquah Gliders	11:01	2006
10.	Jake McGanney	Rain City Flyers	11:03	2004
10.	Gannon Forsberg	Cascade Striders	11:03	2014
12.	Zach Blake	Federal Way TC	11:07	2011
13.	Parker Rathbun	Rain City Flyers	11:08	2012
13.	Brian Martinez	Speed Unlimited	11:08	2014
15.	Abraham Berhe	Rain City Flyers	11:09	2003
15.	Ruben Riordan	Federal Way TC	11:09	2007

## MIDGET BOYS - 4000 METERS (1999-2000)

All sub 16:00 times listed

1.	Aman Said	Rain City Flyers	15:21	2000
2.	Wesley Erickson	Rain City Flyers	15:24	2000
3.	Sean Bannan	Barron Park Striders	15:25	1999
4.	Nick Welch	Rain City Flyers	15:30	1999
5.	Daniel Ross	Rain City Flyers	15:33	2000
6.	Yonas Berhe	Rain City Flyers	15:34	2000
7.	Amin Tufa	Rain City Flyers	15:36	2000
8.	Daniel Ross	Rain City Flyers	15:42	1999
9.	Jonathan Durkopp	South Hill Striders	15:45	2000
10.	Nick Welch	Rain City Flyers	15:46	2000
11.	Ian McKay	Rain City Flyers	15:47	1999
11.	Ben Dear	Rain City Flyers	15:47	2000

## YOUTH GIRLS - 4000 METERS (1999-2015)

All sub 16:10 times listed

1.	Amy-Eloise Neale	Snohomish TC	14:48	2008
2.	Chandler Olson	Cascade Striders	14:51	2008
3.	Sophia Cantine	Speed Unlimited	15:00	2012
4.	Nicole Cochran	South Hill Striders	15:08	2003
5.	Sadie Bjornsen	Unattached	15:26	2003
6.	Brooke Kingma	Rain City Flyers	15:28	2010
7.	Chandler Olson	Cascade Striders	15:30	2009
8.	Kat Copeland	Speed Unlimited	15:39	2012
9.	Ashlee Sincraugh	Federal Way TC	15:40	2005
10.	Abigail Hill	Snohomish TC	15:44	2015
11.	Mimi Meggison	Whatcom Tesseract	15:45	2011
12.	Kristin Garcia	Whatcom Tesseract	15:48	2013
13.	Nicole Cochran	South Hill Striders	15:50	2002
13.	Quincy Gale	Whatcom Tesseract	15:50	2013
15.	Kathleen Crosby	Cascade Striders	15:54	2013
16.	Hannah Waskom	Speed Unlimited	15:55	2012
17.	Kate Jendrezak	Speed Unlimited	16:01	2015
18.	Maddie Meyers	Rain City Flyers	16:03	2007
19.	Sara Thon	Bellingham TC	16:04	1999
20.	Katrina Drennen	Federal Way TC	16:05	2001
20.	Hazel Carr	Rain City Flyers	16:05	2010
22.	Ruby Watson	Whatcom Tesseract	16:06	2012
23.	Amber Rose	Unattached	16:09	2011

## 13-14 (YOUTH) BOYS - 4000 METERS (1999-2015)

All sub 14:30 times listed

1.	Aaron Roe	Cascade Striders	13:51	2010
2.	John Rodeheffer	Whidbey Island TC	13:51	2010
3.	Matt Kaftanski	Rain City Flyers	13:54	2001
4.	Gabriel Fendel	Cascade Striders	13:58	2013
5.	Tyler Tanta	Cascade Striders	14:01	2014
6.	Yonas Berhe	Rain City Flyers	14:03	2002
7.	Aman Said	Rain City Flyers	14:05	2002
8.	Amin Tufa	Rain City Flyers	14:06	2002

9.	Lance Mason	Cascade Striders	14:07	2014
10.	Simon Sorenson	Issaquah Gliders	14:08	2005
11.	Axel Stanovsky	Rain City Flyers	14:10	2002
12.	Sheamus Mahoney	Spokane Mercury	14:11	2014
13.	Jonah Salomon	Whatcom Tesseract	14:17	2014
14.	Jack Pearce	Rain City Flyers	14:18	2009
15.	Abrahan Berhe	Rain City Flyers	14:19	2004
16.	Kris Brown	Rain City Flyers	14:21	2003
17.	Abraham Berhe	Rain City Flyers	14:21	2005
18.	Justin Beumeler	Federal Way TC	14:24	2014
19.	Cade Brown	Whatcom Tesseract	14:25	2013
20.	Adam Sjolund	Federal Way TC	14:27	2014
20.	Brian Martinez	Speed Unlimited	14:27	2015
22.	Tyler Tanta	Snohomish TC	14:28	2013