

RAIN CITY STAMPEDE
TOP PERFORMANCES 1999-2019

The current 3000 and 4000 meter courses were first used in their current configurations in 1999, so only times from that year forward are listed. In 1999-2000, 11-12' s, then called "midgets" ran 4000 meters on the same course as is currently used, so those times are also listed. The 2000 meter course was first used in 2006. Small adjustments need to be made each year so the courses are not absolutely identical each year.

7-8 (SUBBANTAM) GIRLS - 2000 METERS (2006-19)

All 9:30 or better times listed.

1.	Corinne Hudders	Rain City Flyers	8:18	2017
2.	Jordan Daligcon	Rain City Flyers	8:32	2018
4.	Faith Martinez	Speed Unlimited	8:36	2012
5.	Taylor Nichols	Rain City Flyers	8:44	2012
5.	Ella Haber	Rain City Flyers	8:44	2019
5.	Grace Gilson	Club Northwest	8:44	2019
8.	Jazmyn Stone	Federal Way TC	8:51	2011
9.	Claudia Wolf	Cascade Striders	8:54	2012
10.	Sydney Collier	Cascade Striders	8:55	2015
11.	Anya Hirschfeld	Rain City Flyers	8:59	2009
11.	Liana Bloom	West Seattle RR	8:59	2018
13.	Flora Lovejoy	Rain City Flyers	9:00	2017

14.	Sydney Collier	Cascade Striders	9:03	2014
14.	Corinne Hudders	Rain City Flyers	9:03	2016
16.	Ivy Stringham	Unattached	9:04	2015
16.	Abigail Wallace	Unattached	9:04	2017
16.	Tegan Holmes	Federal Way TC	9:06	2015
19.	Danielle Jaculewicz	Rain City Flyers	9:07	2010
20.	Sloane Selenis	Rain City Flyers	9:08	2012
20.	Fiona Wolfe	Cascade Striders	9:08	2014
20.	Paetyn Price	Kitsap Flyers	9:08	2017
23.	Weijia Wu	Cascade Striders	9:10	2017
24.	Clara Mackison	Barron Park Striders	9:11	2014
25.	Lianna Bloom	West Seattle RR	9:12	2017
26.	Ella Haber	Rain City Flyers	9:13	2018
26.	Lily Lendrum Fort	Rain City Flyers	9:13	2018
26.	Sadie Durkee	Sun City Harriers	9:13	2019
29.	Kirsten Flindt	Plateau Runners	9:15	2006
30.	Peyton Washburn	West Seattle RR	9:16	2019
31.	Rebecca Daniels	Cascade Striders	9:17	2014
31.	Macy Powell	West Seattle RR	9:17	2017
31.	Jasmine Johnson	Federal Way TC	9:17	2017
34.	Tabitha Westermeyer	Bowerman TC	9:18	2018
35.	Kristen Laidler	Cascade Striders	9:20	2007
36.	Lailah Foster	West Seattle RR	9:23	2019
37.	Jazmyn Stone	Federal Way TC	9:24	2010

37.	Makenzie Force	Federal Way TC	9:24	2017
39.	Caitlin Lanese	Barron Park Striders	9:25	2019
40.	Emily DeJarlais	Cascade Striders	9:26	2018
41.	Amaya Snyder	West Seattle RR	9:27	2018
42.	Grace Gilson	Club NW	9:29	2018
43.	Laurel Batho	Rain City Flyers	9:30	2018

7-8 (SUBBANTAM) BOYS - 2000 METERS (2006-2019)

Top 50 times.

1.	Landon Brefczynski	Bowerman TC	7:57	2018
1.	Quentin Lanese	Barron Park Striders	7:57	2019
3.	Sean DeWet	Sun City Harriers	7:59	2018
4.	Kian Compton	Sun City Harriers	8:02	2016
5.	Quinton Brooks	Speed Unlimited	8:03	2016
6.	Brooks Oliver	Rain City Flyers	8:05	2018
7.	Will Schneider	Rain City Flyers	8:17	2013
8.	Hawker Nostrum	Federal Way TC	8:21	2016
9.	Gabe Kolsrud	Federal Way TC	8:22	2018
10.	Nathan Evans	Issaquah Gliders	8:28	2012
10.	Micah Weber	Federal Way TC	8:28	2019
12.	Miles Herndon	Rain City Flyers	8:29	2013
13.	Connor Linenfelser	Sonic Boom	8:36	2019
14.	Rowan Rathbun	Rain City Flyers	8:37	2011
15.	Adam Rutger	Sun City Harriers	8:38	2017

16.	Nils Stevenson	West Seattle RR	8:40	2019
17.	William Lanser	Unattached	8:41	2014
18.	Parker Rathbun	Rain City Flyers	8:43	2008
19.	Jaxon Reischl	Rain City Flyers	8:44	2016
20.	Austin Hight	Rain City Flyers	8:44	2018
20.	Landon West	Rainier Beach TC	8:44	2019
22.	Oliver Kramer	Barron Park Striders	8:45	2012
22.	Hudson Atrosh	Speed Unlimited	8:45	2014
24.	Rodrigo Montano	Cascade Striders	8:46	2016
25.	Rayjin Olson	Cascade Striders	8:47	2012
26.	Caleb Hirschfeld	Rain City Flyers	8:47	2014
27.	Rory King	Unattached	8:48	2009
27.	Ryan Wixted	Kitsap Flyers	8:48	2018
29.	Henry Herb	Rain City Flyers	8:49	2017
29.	Jadon Cairus	Rain City Flyers	8:49	2018
31.	Jack Evans	Speed Unlimited	8:52	2016
32.	Gavin Levchak	Federal Way TC	8:53	2013
32.	Conrad Linenfelser	Sonic Boom	8:53	2018
34.	Miles Wilson	Unattached	8:54	2014
35.	Lewis McGehee	Rain City Flyers	8:55	2010
35.	Errol Strom	Sun City Harriers	8:55	2019
37.	Jackson Fitch	Rain City Flyers	8:56	2014
37.	Nathan Pessoa	Cascade Striders	8:56	2019
39.	Zack Wilson	Cascade Striders	8:58	2014

39.	Max Highland	Cascade Striders	8:58	2019
41.	Duncan Frisbie-Smith	Rain City Flyers	8:59	2014
41.	Quinton Brooks	Speed Unlimited	8:59	2015
41.	Adam Rutger	Sun City Harriers	8:59	2016
44.	Owen Baker	Bryant	9:00	2019
44.	Riker Ross	West Seattle RR	9:00	2019
46.	Evan Jakkubek	Rain City Flyers	9:02	2016
47.	Tai Shih	Cascade Striders	9:04	2018
48.	Paul Seycheron	Cascade Striders	9:05	2013
49.	Kyle Bretherton	Rain City Flyers	9:08	2006
50.	Jonathan Long	Snohomish TC	9:09	2015

9-10 (BANTAM) GIRLS - 3000 METERS (1999-2019)

All sub 13:00 times listed

1.	Abigail Wallace	Unattached	11:55	2019
2.	Taylor Nichols	Rain City Flyers	12:04	2014
3.	Corinne Hudders	Rain City Flyers	12:05	2019
4.	Kate Jendrezak	Speed Unlimited	12:10	2012
5.	Nicole Cochran	South Hill Striders	12:14	1999
5.	Danielle Jaculewicz	Rain City Flyers	12:14	2012
7.	Sloane Selenis	Rain City Flyers	12:17	2014
8.	Sophie Cantine	Issaquah Gliders	12:19	2009

9.	Paige Rice	Oregon CC	12:21	2006
10.	Katherine Copeland	Issaquah Gliders	12:22	2009
11.	Kate Forsberg	Cascade Striders	12:22	2012
12.	Maya Nichols	Rain City Flyers	12:24	2012
13.	Anya Hirschfeld	Rain City Flyers	12:25	2011
14.	Emily DeJarlais	Cascade Striders	12:29	2013
15.	Sammy McGanney	Rain City Flyers	12:30	2005
15.	Patrice McWilliams	Federal Way TC	12:30	2007
15.	Faith Martinez	Speed Unlimited	12:30	2013
18.	Faith Martinez	Speed Unlimited	12:31	2014
19.	Ava Borsheim	Federal Way TC	12:35	2016
20.	Sloane Selenis	Rain City Flyers	12:36	2013
21.	Brittani Shappell	Whatcom Tesseract	12:38	2010
22.	Katya Matora	Cascade Striders	12:40	2007
23.	Briahna Gibson	Snohomish TC	12:41	2007
24.	Amy-Eloise Neale	Federal Way TC	12:43	2005
25.	Claudia Wolf	Cascade Striders	12:48	2013
26.	Kelsey Lenzie	Rain City Flyers	12:49	2011
27.	Sammy McGanney	Rain City Flyers	12:50	2004
28.	Aliya Schenck	Speed Unlimited	12:51	2010
28.	Emily DeJarlais	Cascade Striders	12:51	2012
28.	Jordan Mae Daligcon	Rain City Flyers	12:51	2019
31	Ava Borsheim	Federal Way TC	12:53	2015
32.	Ella Borsheim	Federal Way TC	12:54	2014

33.	Lily Engelbrekt	Rain City Flyers	12:56	2005
34.	Asa Selenis	Rain City Flyers	12:58	2012
35.	Corinne Hudders	Rain City Flyers	12:58	2018

9-10 (BANTAM) BOYS - 3000 METERS (1999-2019)

All sub 12:10 times listed

1.	David Goldstone	Federal WayTC	11:23	2005
2.	Kian Compton	Sun City Harriers	11:27	2018
3.	Quinton Brooks	Speed Unlimited	11:28	2018
4.	Henry Herb	Rain City Flyers	11:32	2019
5.	Jack Pearce	Rain City Flyers	11:39	2005
6.	Drew Oliver	Rain City Flyers	11:46	2015
7.	Paul Secheyron	Cascade Striders	11:47	2016
8.	Jesse Goldstone	Federal Way TC	11:49	2008
8.	Kian Compton	Sun City Harriers	11:49	2017
8.	Charlie McManus	Rain City Flyers	11:49	2017
11.	Amin Tufa	Rain City Flyers	11:50	1999
11.	Jacob Pogue	South Hill Striders	11:50	2003
13.	Evan Bruce	Spokane Mercury	11:51	2014
14.	Zach Davis	Rain City Flyers	11:52	2019
15.	Drake DaPonte	Issaquah Gliders	11:53	2000
16.	Henry Herb	Rain City Flyers	11:54	2018
17.	David Goldstone	Federal Way TC	11:55	2004
17.	Jaycen Reyes	Sun City Harriers	11:55	2018

19.	Jesse Goldstone	Federal Way TC	11:56	2009
20.	Eric Walsh	Barron Park Striders	11:57	2001
21.	Drew Oliver	Rain City Flyers	12:00	2014
22.	Elian Joseph	Speed Unlimited	12:01	2012
23.	Garrett Nemeth	Federal Way TC	12:01	2014
24.	Ruben Luthra	Cascade Striders	12:02	2011
25.	Colton Worley	Sun City Harriers	12:03	2018
25.	Brooks Oliver	Rain City Flyers	12:03	2019
27.	Jacob Pogue	South Hill Striders	12:07	2002
27.	Parker Rathbun	Rain City Flyers	12:07	2010
29.	Simon Barbee	Federal Way TC	12:08	2005
30.	Nathaniel Evans	Speed Unlimited	12:08	2013
31.	Ethan Urquhart	Rain City Flyers	12:08	2018
32.	Noah Heidenreich	Rain City Flyers	12:09	2004

11-12 (MIDGET) GIRLS - 3000 METERS (2001-2019)

All sub 12:00 times listed

1.	Sophie Cantine	Speed Unlimited	11:06	2011
2.	Amy-Eloise Neale	Snohomish TC	11:13	2007
3.	Katherine Copeland	Speed Unlimited	11:21	2011
4.	Lila Rice	Rain City Flyers	11:25	2007
5.	Sophie Cantine	Speed Unlimited	11:26	2010
6.	Nicole Cochran	South Hill Striders	11:30	2001
6.	Lily Engelbrekt	Rain City Flyers	11:30	2007

6.	Emmie Sullivan	Whatcom Tesseract	11:30	2013
9.	Maddie Meyers	Rain City Flyers	11:33	2006
9.	Anya Hirschfeld	Rain City Flyers	11:33	2013
9.	Maya Nichols	Rain City Flyers	11:33	2013
12.	Danielle Jaculewicz	Rain City Flyers	11:35	2013
13.	Ava Borsheim	Federal Way TC	11:38	2017
13.	Ava Borsheim	Federal Way TC	11:38	2018
15.	Olive Clark	Sun City Harriers	11:42	2018
16.	Julia David-Smith	Speed Unlimited	11:44	2015
17.	Meissa Neumann	Speed Unlimited	11:50	2012
18.	Katherine Copeland	Barron Park	11:51	2010
19.	Emmie Sullivan	Whatcom Tesseract	11:52	2014
20.	Brooke Kingma	Rain City Flyers	11:53	2009
21.	Alyvia Brown	Cascade Striders	11:54	2017
22.	Laura Rodeheffer	Whidbey Island TC	11:56	2010
23.	Hazel Carr	Unattached	11:57	2009
24.	Alexis Manns	Cascade Striders	11:58	2009
25.	Anya Hirschfeld	Rain City Flyers	11:58	2012

11-12 (MIDGET) GIRLS - 4000 METERS (1999-2000)

All sub 17:30 times listed

1.	Nicole Cochran	South Hill Striders	15:56	2000
2.	Sarah Lorch	South Hill Striders	16:36	2000
3.	Rachel Wilbur	Cascade Striders	16:55	2000

4.	Abby Tybur	Bellevue Eagles	17:02	1999
5.	Rebecca Yates	Rain City Flyers	17:18	2000

11-12 (MIDGET) BOYS - 3000 METERS (2001-2019)

All sub 11:10 times listed

1.	Jack Pearce	Rain City Flyers	10:49	2006
1.	Jack Pearce	Rain City Flyers	10:49	2007
3.	David Goldstone	Federal Way TC	10:51	2006
4.	Gabriel Fendel	Cascade Striders	10:52	2011
5.	Noah Wallace	Snohomish TC	10:55	2011
6.	Drew Oliver	Rain City Flyers	10:56	2017
7.	David Goldstone	Federal Way TC	10:58	2007
7.	Will Schneider	Rain City Flyers	10:58	2017
9.	Amin Tufa	Rain City Flyers	10:59	2001
9.	John Rodeheffer	Unattached	10:59	2008
11.	Brandon Clark	Issaquah Gliders	11:01	2006
12.	Carter Joy	Rain City Flyers	11:02	2017
14.	Jake McGanney	Rain City Flyers	11:03	2004
15.	Gannon Forsberg	Cascade Striders	11:03	2014
16.	Drew Oliver	Rain City Flyers	11:04	2016
17.	Will Sandnes	Rain City Flyers	11:06	2016
18.	Zach Blake	Federal Way TC	11:07	2011
19.	Parker Rathbun	Rain City Flyers	11:08	2012
20.	Brian Martinez	Speed Unlimited	11:08	2014

21.	Abraham Berhe	Rain City Flyers	11:09	2003
22.	Ruben Riordan	Federal Way TC	11:09	2007

11-12 (MIDGET) BOYS - 4000 METERS (1999-2000)

All sub 16:00 times listed

1.	Aman Said	Rain City Flyers	15:21	2000
2.	Wesley Erickson	Rain City Flyers	15:24	2000
3.	Sean Bannan	Barron Park Striders	15:25	1999
4.	Nick Welch	Rain City Flyers	15:30	1999
5.	Daniel Ross	Rain City Flyers	15:33	2000
6.	Yonas Berhe	Rain City Flyers	15:34	2000
7.	Amin Tufa	Rain City Flyers	15:36	2000
8.	Daniel Ross	Rain City Flyers	15:42	1999
9.	Jonathan Durkopp	South Hill Striders	15:45	2000
10.	Nick Welch	Rain City Flyers	15:46	2000
11.	Ian McKay	Rain City Flyers	15:47	1999
11.	Ben Dear	Rain City Flyers	15:47	2000

13-14 (YOUTH) GIRLS - 4000 METERS (1999-2019)

All sub 16:10 times listed

1.	Amy-Eloise Neale	Snohomish TC	14:48	2008
2.	Ella Borsheim	Federal Way TC	14:49	2017
3.	Chandler Olson	Cascade Striders	14:51	2008

4.	Sophia Cantine	Speed Unlimited	15:00	2012
5.	Olive Clark	Sun City Harriers	15:05	2019
6.	Nicole Cochran	South Hill Striders	15:08	2003
7.	Ava Borsheim	Federal Way TC	15:14	2019
7.	Ella Budden	Speed Unlimited	15:14	2019
9	Julia Smith	Speed Unlimited	15:16	2016
10.	Sadie Bjornsen	Unattached	15:26	2003
11.	Brooke Kingma	Rain City Flyers	15:28	2010
12.	Chandler Olson	Cascade Striders	15:30	2009
13.	Alyvia Brown	Cascade Striders	15:34	2018
14.	Claire Archer	Rain City Flyers	15:37	2018
15.	Kat Copeland	Speed Unlimited	15:39	2012
16.	Ashlee Sincaugh	Federal Way TC	15:40	2005
17.	Abigail Hill	Snohomish TC	15:44	2015
18.	Mimi Meggison	Whatcom Tesseract	15:45	2011
19.	Kristin Garcia	Whatcom Tesseract	15:48	2013
20.	Nicole Cochran	South Hill Striders	15:50	2002
21	Quincy Gale	Whatcom Tesseract	15:50	2013
22.	Kathleen Crosby	Cascade Striders	15:54	2013
23.	Hannah Waskom	Speed Unlimited	15:55	2012
24.	Ava Hagwell	Speed Unlimited	15:55	2018
25.	Megan Kolenski	Speed Unlimited	15:59	2018
26.	Kate Jendrezak	Speed Unlimited	16:01	2015
26.	Emily DeJarlais	Cascade Striders	16:01	2016

28.	Maddie Meyers	Rain City Flyers	16:03	2007
29.	Sara Thon	Bellingham TC	16:04	1999
30.	Katrina Drennen	Federal Way TC	16:05	2001
30.	Hazel Carr	Rain City Flyers	16:05	2010
30.	Anika Jones	Rain City Flyers	16:05	2018
33.	Ruby Watson	Whatcom Tesseract	16:06	2012
34.	Kylee Shakespear	South Hill Running	16:07	2017
35.	Maya Cantine	Speed Unlimited	16:08	2017
36.	Amber Rose	Unattached	16:09	2011
37.	Hannah Hilton	Sun City Harriers	16:09	2017

13-14 (YOUTH) BOYS - 4000 METERS (1999-2019)

All sub 14:30 times listed

1.	Drew Oliver	Rain City Flyers	13:41	2018
1.	Drew Oliver	Rain City Flyers	13:41	2019
3.	Will Schneider	Rain City Flyers	13:42	2018
4.	Kya Villanueva	Speed Unlimited	13:50	2018
5.	Aaron Roe	Cascade Striders	13:51	2010
5.	John Rodeheffer	Whidbey Island TC	13:51	2010
7.	Matt Kaftanski	Rain City Flyers	13:54	2001
8.	Gabriel Fendel	Cascade Striders	13:58	2013
9.	Tyler Tanta	Cascade Striders	14:01	2014
10.	Yonas Berhe	Rain City Flyers	14:03	2002
11.	Brayden Packard	Sun City Harriers	14:04	2016

12.	Aman Said	Rain City Flyers	14:05	2002
13.	Amin Tufa	Rain City Flyers	14:06	2002
14.	Lance Mason	Cascade Striders	14:07	2014
15.	Simon Sorenson	Issaquah Gliders	14:08	2005
16.	Axel Stanovsky	Rain City Flyers	14:10	2002
17.	Sheamus Mahoney	Spokane Mercury	14:11	2014
17.	Will Sandnes	Rain City Flyers	14:11	2019
19.	Jonah Salomon	Whatcom Tesseract	14:17	2014
20.	Jack Pearce	Rain City Flyers	14:18	2009
21.	Abraham Berhe	Rain City Flyers	14:19	2004
22.	Carter Joy	Rain City Flyers	14:20	2018
23.	Kris Brown	Rain City Flyers	14:21	2003
23.	Abraham Berhe	Rain City Flyers	14:21	2005
25.	Justin Beumeler	Federal Way TC	14:24	2014
26.	Cade Brown	Whatcom Tesseract	14:25	2013
27.	Adam Sjolund	Federal Way TC	14:27	2014
27.	Brian Martinez	Speed Unlimited	14:27	2015
29.	Tyler Tanta	Snohomish TC	14:28	2013
29.	Andres Dunne-Loper	Rain City Flyers	14:28	2019