

PACWEST TEAM CHAMPIONSHIP SERIES

June 15 Mt. Tahoma Stadium 4634 S. 74th Street, Tacoma, WA 98409
June 29 South Kitsap HS 425 Mitchell Ave, Port Orchard. WA 98366
July 13 Mt. Tahoma Stadium 4634 S. 74th Street, Tacoma, WA 98409

Meet Fee is a Flat \$22 for each Meet per Athlete with Absolutely No Day of Registration

UNATTACHED ATHLETES WELCOME TO PARTICIAPTE BUT WILL NOT BE SCORED AS PART OF THE TEAM CHAMPIONSHIP SERIES

Registration Deadlines

SPS TRACK June 12th @ Midnight & All Entries are Final

KITSAP MEET June 26th @ Midnight & All Entries are Final

PACWEST MEET July 10th @ Midnight & All Entries are Final

Registration: Athletic.net www.pwteamseries.com

Questions: Contact Helen Woodke: ajstrackandfield@aol.com or (253) 640-8234

Neal Gaulden: info@kitsapfliers.com or (360) 362-0343

Age Divisions:

6&Under Born 2013+

7-8 Born 2011-2012 13-14 Born 2005-2006

9-10 Born 2009-2010 15-16 Born 2003-2004

11-12 Born 2007-2008 17-18 Born 2001-2002

Athletes born in 2000 are eligible if they do not turn 19 on or before 7/28/2019

100 Meter Prelims: Maybe divided and run on both sides of the track in order to save on time.

Divisions: A competitor must compete in his/her age division only. There will be no “moving up” in any events.

Maximum # of Events: Competitors in the 7-8, 9-10, and 11-12 age divisions may compete in (3) events, including relays. 13-14, 15-16, and 17-18 age divisions may compete in (4) events, including relays.

Relay Teams: All Relay Team members must belong to the same member Club.

Gate Admission: Ages 18 and over - \$2 **A Portion of the Gate will go to Suicide Prevention**

Packet Pick-up: 6:30 AM Coaches and Unattached athletes may pick up packets to obtain competition numbers.

Competition Bib Numbers: Competitors must wear their assigned bib numbers. Replacement for \$5.00.

Uniforms: Athletes are not required to wear specific uniforms in individual events. However, shorts and shirts must be worn. Shoes allowed: regular tennis or athletic shoes and track spikes (1/4”). Relay teams must wear all tops of the same color and shorts of the same color.

Schedule: Events can run up to 1 hour ahead of published schedule. Please inform athletes to warm up by the event not time. Athletes competing in field events when running event is called must check in at the Clerk’s Tent. Athletes who have not checked in by the final call may stricken from the race.

Awards: Medals will be awarded the top three places in each event. Ribbons for 4th -8th Place

Field Access: No one without a Volunteer Badge is permitted on the field; Exception 6 & under 100M, 200M & LJ.

Meet Points: Points from each meet will be added together for a combined total of all 3 meets.

Subject to change: Information provided, and schedule are subject to change.

TEAM SERIES RULES AND SCORING

Eligible Athletes must be registered with a team at the time of registration for each meet. No adding unattached athletes after the entry deadlines.

Scoring will be done for these events 100 & 110 HH, 100, 200, 400, 800, 1500, 3000, LJ, TJ, Shot, Jav, Dis.

Scoring will be for 1st the 8th Place Points: 10, 8, 6, 5, 4, 3, 2, 1

The Top three teams will be awarded the Prizes 1st \$2000 2nd \$1000 3rd \$500

***Host Teams Flying AJs and Kitsap Fliers are excluded from Purse Prizes.**

TIME	EVENT	AGE GROUP
7:45 AM	3000M	11-12 & UP
8:15 AM	80M HURDLES	11-12
8:45 AM	100M HURDLES	13-14
9:15 AM	100M(G) 110M(B)HURDLES	15-16 & UP
9:45 AM	100M FINALS	6 & UNDER, 7-8
10:15 AM	100M PRELIMS	9-10 & UP
12:15 PM	1500M	7-8 & UP (B)
12:45 PM	4X100M	7-8 & UP
1:45 PM	1500M	7-8 & UP (G)
2:30 PM	400M	7-8 & UP
3:45 PM	100M FINALS	9-10 & UP
4:15 PM	400M & 200M HURDLES	15-16 & UP/ 13-14
5:00 PM	800M	7-8 & UP
6:00 PM	200M	ALL AGE GROUPS
7:30 PM	4X400M RELAY	7-8 & UP

LONG JUMP		SHOT PUT		HIGH JUMP	
TIME	AGE GROUP	TIME	AGE GROUP	TIME	AGE GROUP
8:00 AM	6 & UNDER	8:00 AM	7-8	8:30 AM	9-10
9:30 AM	11-12	9:00AM	11-12	10:00AM	13-14
11:00 AM	7-8	10:00AM	13-14	11:30AM	15-16
12:30 PM	9-10	11:00 AM	15-16	1:00 PM	11-12
2:00 PM	17-18	12:00PM	17-18	2:30 PM	17-18
3:30 PM	15-16	1:00 PM	9-10		
5:00 PM	13-14				
TRIPLE JUMP		DISCUS		TURBO JAV/ JAVELIN	
4:30 PM	13-14 & UP	11:00 AM	17-18	3:00 PM	7-8
		12:00 PM	13-14	3:30 PM	9-10
POLE VAULT		1:00 PM	11-12	4:00 PM	11-12
8:00 AM	13-14 & UP	2:00 PM	15-16	4:30 PM	13-14 & UP