

Thursday, July 5th Summit High School

Decathlon Schedule 15-16 (B) 17-18 (B)		Heptathlon Schedule 15-16 (G) 17-18 (G)		Pentathlon Schedule 13-14 (G)		Pentathlon Schedule 13-14(B)	
Time	Event	Time	Event	Time	Event	Time	Event
8:30 am	100M	10:00am	100M Hurdle	9:00 am	100M Hurdle	10:15am	100 Hurdles
	Long Jump		High Jump		Shot Put (Pit 1)		Shot Put (Pit 1)
	Shot Put (Pit 2)		Shot Put (Pit 2)		High Jump		High Jump
	High Jump		200		Long Jump (Pit 1)		Long Jump
	400				800m		1500

*In Pentathlon, girls will go first, followed by boys

Friday, July 6th Summit High School

Decathlon Schedule 15-16 (B) 17-18 (B)		Heptathlon Schedule 15-16 (G) 17-18 (G)		Pentathlon Schedule 11-12 (G) 11-12 (B)		Triathlon 9-10 (G) 9-10 (B)	
Time	Event	Time	Event	Time	Event	Time	Event
8:30 am	110HH	10:00am	Long Jump	9:00 am	80m Hurdle	11:30am	Shot Put
	Discus		Javelin		Shot Put (Pit 1)		High Jump
	Pole Vault		800		High Jump		400(B)
	Javelin				Long Jump		200 (G)
	1500				800m (G)		
					1500 (B)		

*In the pentathlon, Girls will go first, followed by boys

Friday, July 6th Summit High School Track Events

Steeple Chase					
8 + Under	9-10	11-12	13-14	15-16	17-18
				6:30 pm (G)	6:30 (G)
				6:50 pm (B)	6:50 (B)

Field Events Summit High School

Hammer Throw					
8 + Under	9-10	11-12	13-14	15-16	17-18
				3:00 pm (G)	3:00 pm (G)
				5:00 pm (B)	5:00 pm (B)

Saturday, July 7th

Summit High School

Track Schedule

**Girls followed by Boys*

**Events may run up to 1 hour early*

8:30am	Race Walk	All Ages
9:00am	1500m	(8+Under)
	1500m	(9-10)
	1500m	(11-12)
	1500m	(13-14)
	1500m	(15-16)
	1500m	(17-18)
10:45am	100m Semi-Finals	(8+Under)
	100m Semi-Finals	(9-10)
	100m Semi-Finals	(11-12)
	100m Semi-Finals	(13-14)
	100m Semi-Finals	(15-16)
	100m Semi-Finals	(17-18)
12:15pm	400m Hurdles	(15-16)(B)
	400m Hurdles	(17-18)(B)
12:45pm	400m Hurdles	(15-16) (G)
	400m Hurdles	(17-18)(G)
1:15pm	200m Hurdles	(13-14) (girls then boys)
1:45pm	4x100m Relay	(8+Under)
	4x100m Relay	(9-10)
	4x100m Relay	(11-12)
	4x100m Relay	(13-14)
	4x100m Relay	(15-16)
	4x100m Relay	(17-18)
2:45pm	400m	(8+Under)
	400m	(9-10)
	400m	(11-12)
	400m	(13-14)
	400m	(15-16)
	400m	(17-18)
4:00pm	4x800m Relay	(11-12)
	4x800m Relay	(13-14)
	4x800m Relay	(15-16)
	4x800m Relay	(17-18)
5:00pm	200m Semi-Finals	(8+Under)
	200m Semi-Finals	(9-10)
	200m Semi-Finals	(11-12)
	200m Semi-Finals	(13-14)
	200m Semi-Finals	(15-16)
	200m Semi-Finals	(17-18)

Field Schedule

8:30am	Boys Long Jump	(8+Under)	Pit 2
	Girls Long Jump	(9-10)	Pit 1
	Boys Javelin	(9-10)	
	Girls High Jump	(11-12)	
	Boys Shot Put	(11-12)	Pit 2
	Girls Shot Put	(13-14)	Pit 1
	Boys Pole Vault	(13-14)	
	Girls Discus	(17-18)	
10:15am	Girls Long Jump	(8+Under)	Pit 2
	Boys Shot Put	(8+Under)	Pit2
	Girls High Jump	(9-10)	
	Girls Discus	(11-12)	
	Boys Long Jump	(11-12)	Pit 1
	Girls Javelin	(13-14)	
	Boys Shot Put	(13-14)	Pit 1
	Boys Pole Vault	(15-16)	
12:00pm	Girls Shot Put	(8+Under)	Pit 2
	Boys Shot Put	(9-10)	Pit 1
	Girls Long Jump	(11-12)	Pit 1
	Boys Javelin	(11-12)	
	Girls Triple Jump	(13-14)	Pit 2
	Boys High Jump	(13-14)	
	Boys Pole Vault	(17-18)	
1:45pm	Girls Shot Put	(9-10)	Pit 2
	Boys High Jump	(9-10)	
	Girls Shot Put	(11-12)	Pit 1
	Girls Pole Vault	(13-14)	
	Boys Discus	(13-14)	
	Boys Javelin	(15-16)	
	Boys Triple Jump	(15-16)	Pit 2
	Girls Long Jump	(17-18)	Pit 1
3:30pm	Boys Long Jump	(9-10)	Pit 1
	Girls Javelin	(11-12)	
	Boys High Jump	(11-12)	
	Boys Triple Jump	(13-14)	Pit 2
	Girls Pole Vault	(15-16)	
	Boys Shot Put	(15-16)	Pit 2
	Girls Shot Put	(17-18)	Pit 1
	Boys Discus	(17-18)	
5:15pm	Girls Javelin	(9-10)	
	Girls Long Jump	(15-16)	Pit 1
	Girls Pole Vault	(17-18)	

Sunday, July 8th

Summit High School

***Events may run up to 1 hour early**

Track Schedule			Field Schedule			
8:30am	3000m	(11-12)	8:30am	Boys Javelin	(8+Under)	
	3000m	(13-14)		Girls Javelin	(8+Under)	
	3000m	(15-16)		Girls High Jump	(13-14)	
	3000m	(17-18)		Boys Long Jump	(13-14)	Pit 1
			Boys Discus	(15-16)		
10:30am	100m Finals	(8+Under)	10:00am	Boys Discus	(11-12)	
	100m Finals	(9-10)		Girls Long Jump	(13-14)	Pit 1
	100m Finals	(11-12)		Girls Shot Put	(15-16)	Pit 1
	100m Finals	(13-14)		Boys High Jump	(15-16)	
	100m Finals	(15-16)		Girls Triple Jump	(17-18)	Pit 2
	100m Finals	(17-18)		Boys Javelin	(17-18)	
11:15am	80m Hurdles	(11-12)	11:30pm	Boys Javelin	(13-14)	
11:45am	100m Hurdles	(13-14) <small>(Girls then Boys)</small>		Girls Discus	(15-16)	
12:15pm	100m Hurdles	(15-16)		Girls Triple Jump	(15-16)	Pit 2
12:30pm	100m Hurdles	(17-18)		Boys Long Jump	(15-16)	Pit 1
			Boys High Jump	(17-18)		
12:45pm	110m Hurdles	(15-16) (Boys)	1:00pm	Girls Discus	(13-14)	
1:00pm	110m Hurdles	(17-18) (Boys)		Girls High Jump	(15-16)	
1:15pm	800m	(8+Under)		Girls Javelin	(17-18)	
	800m	(9-10)		Boys Shot Put	(17-18)	Pit 1
	800m	(11-12)	Boys Long Jump	(17-18)	Pit 1	
	800m	(13-14)				
	800m	(15-16)				
	800m	(17-18)				
2:30pm	200m Finals	(8+Under)	2:30pm	Girls Javelin	(15-16)	
	200m Finals	(9-10)		Girls High Jump	(17-18)	
	200m Finals	(11-12)				
	200m Finals	(13-14)				
	200m Finals	(15-16)				
	200m Finals	(17-18)				
3:15pm	4x400m Relay	(All)				
	4x400m Relay	(9-10)				
	4x400m Relay	(11-12)				
	4x400m Relay	(13-14)				
	4x400m Relay	(15-16)				
	4x400m Relay	(17-18)				

***Girls followed by Boys**