

Cascade Striders Flying Feet Invitational

Top 10 Times

Wilburton Park, Bellevue, WA

updated 10/27/2017 Following Cascade Striders 2017 Meet

Mini-Bantam Girls 800 meters (through 2010)

	Year	Name	Club	Time
1	1999	Erin Wilbur	CS	3:51
2	1998	Samantha McKee	ESTC	3:54
3	1998	Nina Knight	SCAA	4:03
4	2009	Emily DeJarlais	CS	4:17
5	1999	Lamaria Roller	SHS	4:24
6	1997	Michelle Dixon	ESTC	4:25
7	2000	Loren Ferris	CS	4:31
8	2006	Isabel Meyers	RCF	4:32
9	2004	Kristen Laidler	CS	4:36
	2006	Andie Kolasinski	IG	4:36

Mini-Bantam Boys 800 meters (through 2010)

	Year	Name	Club	Time
1	1999	Da'Vantre Munson	SCAA	3:34
2	2005	Jesse Goldstone	FW	3:40
3	1997	Cole Tybur	ESTC	3:41
4	1998	Robert Ferris	ESTC	3:51
5	1997	Conor Van Achte	ESTC	3:55
6	1999	Madison Spencer	CS	3:57
7	1997	Keith Wood	RCF	4:03
	1998	Chris Melrose	BE	4:03
9	2006	Ruben Joseph	CS	4:06
10	2000	Noah Heidenreich	RCF	4:10

5 & 6 Year Old Girls 800 meter (new course 2011)

	Year	Name	Club	Time
1	2014	Audrey Schneider	RCF	3:47
2	2013	Sydney Collier	CS	3:52
3	2017	Emma Lally	SC	4:00
4	2012	Harper Holt	RCF	4:12
5	2013	Kaitlin Kriha	IG	4:14
6	2013	Lisette Burrow	CS	4:20
7	2013	Ashley Smith	RCF	4:22
	2015	Mckenzie Foree	FW	4:22
8	2011	Madeline Kriha	IG	4:23
9	2012	Sydney Collier	CS	4:25
	2015	Isabel Whitaker	SB	4:25
	2017	Corra Carrera	FW	4:25
10	2013	Tegan Holme	FW	4:26
	2015	Paetyn Price	KIT	4:26

5 & 6 Year Old Boys 800 meters (new course 2011)

	Year	Name	Club	Time
1	2014	Quinten Brooks	CS	3:43
2	2017	Hugh Reardon	KIT	3:53
3	2017	Matthew Wixted	KIT	3:57
4	2014	Jack Evans	UA	4:00
5	2014	Jaxon Sheffield	CS	4:01
6	2016	Ryan Wixted	KIT	4:03
7	2012	Paul Secheyron	CS	4:06
	2015	Eli Glowitz	CS	4:06
8	2014	Spencer Ballard	FW	4:10
9	2014	Tyler Knox	HP	4:12
10	2012	Ismael Jackson	CS	4:15

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Sub-Bantam Girls 1500 meters (through 2010)

	Year	Name	Club	Time
1	2006	Tatum Thornton	PRTC	6:54
2	2010	Jazmyn Stone	FW	7:05
3	1999	Ariana Jones	SCAA	7:13
4	1999	Nina Knight	SCAA	7:14
	2006	Kirsten Flindt	PRTC	7:18
6	1997	Dana Dixon	CS	7:18
7	2002	Alisa Poplawski	IG	7:20
	2003	Kysa Johnson	CS	7:20
9	2002	Leah Steele	RCF	7:22
10	2003	Kendall Sahl	RCF	7:24

Sub-Bantam Boys 1500 meters (through 2010)

	Year	Name	Club	Time
1	2007	Jesse Goldstone	FW	6:04
2	1997	Wesley Erickson	RCF	6:16
3	2006	Jesse Goldstone	FW	6:20
4	1997	Nicholas Smith	GRG	6:21
5	2002	Geoffrey Martin-Noble	RCF	6:29
6	2000	Da'Vantre Munson	SCAA	6:37
7	2003	James Jaspersen	BP	6:39
	2004	Mitchell Krzyzewski	CS	6:39
9	2004	Gabriel Joseph	CS	6:41
10	2002	Michael Valentine	CS	6:45
	2009	Riley Paulino	FW	6:45

7 & 8 Year Old Girls 2000 meters (new course 2011)

	Year	Name	Club	Time
1	2012	Faith Martinez	SU	9:19
2	2017	Corrine Hudders	RCF	9:24
3	2012	Taylor Nichols	RCF	9:43
4	2012	Claudia Wolf	CS	9:47
5	2013	Jessalyn Robles	UA	9:50
6	2011	Jazmyn Stone	FW	9:54
7	2017	Flora Lovejoy	RCF	10:05
	2017	Paetyn Price	KIT	10:05
8	2017	Leanna Bloom	WSRR	10:11
9	2017	Macy Powell	WSRR	10:13
10	2014	Sydney Collier	CS	10:15

7 & 8 Year Old Boys 2000 meters (new course 2011)

	Year	Name	Club	Time
1	2016	Quinten Brooks	SU	9:12
2	2017	Luke Atchley	KIT	9:13
3	2012	Nathan Evans	IG	9:17
4	2014	Paul Sechyron	CS	9:27
5	2016	Hunter Hurl	MTC	9:28
6	2016	Colton Worley	SUN	9:36
7	2016	Jack Evans	SU	9:38
8	2012	RayJin Olson	CS	9:40
9	2012	Oliver Kramer	BP	9:41
10	2013	Miles Herndon	RCF	9:43

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9 & 10 Year Old Girls 3000 meters

	Year	Name	Club	Time
1	2012	Kate Jendrezak	SU	11:37
2	2014	Faith Martinez	SU	11:40
3	2014	Taylor Nichols	RCF	11:47
4	2012	Danielle Jaculewicz	RCF	11:58
5	2013	Taylor Nichols	RCF	12:06
6	2013	Faith Martinez	SU	12:09
	2001	Annie Dear	BP	12:09
7	2009	Katherine Copeland	BP	12:15
	2009	Laura Rodeheffer	WI	12:15
	2011	Anya Hirschfield	RCF	12:15
8	2012	Serena Tyran	WT	12:17
	2014	Sloane Selenis	RCF	12:17
9	2007	Patryce McWilliams	FW	12:20
	2013	Jazmyn Stone	FW	12:20
10	2017	Joy Lally	SC	12:37

9 & 10 Year Old Boys 3000 meters

	Year	Name	Club	Time
1	2003	Jacob Pogue	SHS	11:20
2	2005	David Goldstone	FW	11:26
3	2017	Kian Compton	SC	11:27
4	2012	Gannon Forsberg	CS	11:31
	2014	Nathan Evans	SU	11:31
5	2017	Conur Ricky	SU	11:34
	2017	Charlie McManus	RCF	11:34
6	2015	Drew Oliver	RCF	11:35
7	2012	Elian Joseph	SU	11:35
	2002	Jacob Pogue	SHS	11:35
	2000	Drake da Ponte	IG	11:35
	2011	Harrison Fitch	RCF	11:35
8	2014	Garrett Nemeth	FW	11:36
9	2008	Jesse Goldstone	FW	11:37
10	2011	Ruben Luthra	CS	11:39
	2015	Stephen Bleakly-Harris	RCF	11:39
	2016	Paul Secheron	CS	11:39

11 & 12 Year Old Girls 3000 meters

	Year	Name	Club	Time
1	2011	Sophie Cantine	SU	10:45
2	2007	Amy-Eloise Neale	SNO	10:53
3	2011	Kat Copeland	SU	10:58
	2011	Nicole Cochran	SHS	10:58
4	2012	Katie Thronson	SM	11:01
5	2015	Julia David-Smith	SU	11:03
6	2017	Alyvia Brown	CS	11:08
7	2015	Ella Borsheim	FW	11:09
8	2013	Maya Nichols	RCF	11:13
	2014	Kate Jendrezak	SU	11:13
	2017	Ava Borsheim	FW	11:13
9	2014	Maya Nichols	RCF	11:16
10	2010	Sophie Cantine	SU	11:19

11 & 12 Year Old Boys 3000 meters

	Year	Name	Club	Time
1	2007	David Goldstone	FW	10:23
2	2012	Sheamus Mahoney	SM	10:28
3	2001	Drake da Ponte	IG	10:30
4	2007	Jack Pearce	RCF	10:40
	2014	Brian Martinez	SU	10:40
5	2006	David Goldstone	FW	10:41
6	2008	John Rodeheffer	UA	10:42
7	2011	Gabriel Fendel	CS	10:43
	2012	Parker Rathbun	RCF	10:43
8	2001	Amin Tufa	RCF	10:45
	2017	Will Schneider	RCF	10:45
9	2008	Aaron Roe	CS	10:46
10	2016	Will Sander	RCF	10:49

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13 & 14 Year Old Girls 4000 meters

	Year	Name	Club	Time
1	2017	Ella Borsheim	FW	14:27
2	2016	Julia Smith	SU	14:28
3	2012	Sophie Cantine	SU	14:44
4	2011	Mimi Meggison	WT	14:45
5	2008	Amy-Eloise Neale	SNO	14:51
6	1997	Jesse McGoughlan	MCP	14:56
7	2008	Chandler Olson	CS	15:00
8	2005	Ashlee Sincraugh	FW	15:02
	2016	Serena Tyrone	WT	15:02
9	2003	Nicole Cochran	SHS	15:04
10	2013	Katie Thronson	SM	15:07

13 & 14 Year Old Boys 4000 meters

	Year	Name	Club	Time
1	2013	Gabriel Fendel	CS	13:19
2	2014	Luke Houser	CS	13:32
3	2014	Tyler Tanta	CS	13:48
4	1997	Jonathan Manthey	FW	13:49
	2016	Brayden Packerd	SC	13:49
5	2010	Charlie Barringer	CS	13:51
	2014	Lance Mason	CS	13:51
6	2017	Anthony Smith	SU	13:53
7	2001	Matthew Kaftanski	RCF	13:54
8	2002	Matthew Frerker	IG	13:55
9	2012	Gabriel Fendel	CS	14:00
10	2002	Yonas Behre	RCF	14:02

15 & 16 Year Old Girls 4000 meters

	Year	Name	Club	Time
1	2005	Lisa Cushing	FW	15:40
2	2007	Ashley Nichols	SRC	15:44
3	1999	Amy Lia	CS	16:01
4	1999	Angela Taylor	SHS	16:18
5	2003	Kari Sandoval	AMHS	16:30
6	2004	Lisa Cushing	FW	16:43
7	2015	Emily Donnel	CS	17:10
8	2013	Emily Donnel	CS	17:42
9	2012	Lydia Erickson	RCF	17:58
10	1999	Megan McCauley	SHS	18:02

15 & 16 Year Old Boys 4000 meters

	Year	Name	Club	Time
1	2006	Justin Helm	FWTC	13:30
2	2004	Lars Wyatt	CS	13:40
3	2015	Jonah Salomon	WT	14:02
4	2009	Sean Keane	UA	14:10
5	2003	Doug Holt	CS	14:13
6	2003	Lars Wyatt	CS	14:16
7	2001	Steven Alkire	AMHS	14:28
8	2003	Andrew Riley	UA	14:33
9	2001	Brad Jacobson	FW	14:35
10	2006	Morgan Borman	FW	14:37

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17 & 18 Year Old Women 4000 meters

	Year	Name	Club	Time
1	2011	Madison Sullivan	WT	18:02
2	2014	Madison Sullivan	WT	18:07
3	2009	Summer Tucker	CS	21:49
4				
5				
6				
7				
8				
9				
10				

17 & 18 Year Old Men 4000 meters

	Year	Name	Club	Time
1	2007	Justin Helm	FWTC	13:16
2	2000	Patrick Fraley	RCF	14:59
3	1999	Erik Galvan	FWTC	15:57
4	2007	Ryan Duchscherer	FWTC	16:23
5				
6				
7				
8				
9				
10				

Open Women 4000 meters

	Year	Name	Club	Time
1	2011	Lacey London	CS	15:31
2	2009	Lyuda Vasilyeva	CS	15:33
3	2001	Lisa Taylor	SHS	16:11
4	2011	Catie Rodeheffer	WI	16:23
5	2016	Susan Pappalardo	CS	16:35
6	2004	Lisa Tyler	FW	16:38
7	2017	Susan Pappalardo	CS	16:44
8	1999	Marianne Stiles	FW	16:49
9	2012	Theresa Westfall	WT	16:52
10	2011	Theresa Westfall	WT	17:01

Open Men 4000 meters

	Year	Name	Club	Time
1	2013	Michael Chinchar	FW	13:01
2	2017	Casey Campbell	SC	13:10
3	2004	Jon Manthey	FW	13:24
4	2004	Darryl Genest	FW	13:28
5	2003	Darryl Genest	FW	13:29
6	1997	Darryl Genest	FW	13:33
7	2010	Joe Johnson	CS	13:34
	2002	Darryl Genest	FW	13:34
8	1998	Peter Tel	SHS	13:39
9	2005	Darryl Genest	FW	13:42
	2001	Darryl Genest	FW	13:42
10	2017	Joe Johnson	CS	13:52