



## **Bremerton Jaguars Track & Field Club Annual Meet**

A USATF-sanctioned event

## Saturday, May 19, 2018-8:30 am to 5 pm

## Silverdale Stadium 7077 Stampede Blvd., Bremerton, WA 98312

Meet will be timed electronically.

7-8 and older: medals awarded for 1<sup>st</sup> – 3<sup>rd</sup> place; ribbons for 4<sup>th</sup>-8<sup>th</sup> (finals only)

Ages 5-6 receive ribbons for every heat (no finals)

Head Coach Earl Sincere: bremertonjaguars@gmail.com / 360-204-1320

### **Registration:**

- \$15 per participant
- \$20 per relay team
- Meet open to teams and (unattached) individuals.
- All athletes must register at Athletic.net.
- Deadline for registration is noon on Wed., May 16.
- No late registrations will be accepted.
- No refunds will be given.

#### **Meet Rules:**

- USATF age division based on birth year.
- Silverdale Stadium track surfaces are rubberized, all-weather surfaces.
- Spikes longer that ¼ inch are not permitted.
- Maximum of 3 events for athletes 11-12 and under, including relays.
- Maximum of 4 events for athletes 13-14 and up.

#### Awards:

- Ages 5-6: ribbons for all athletes (1st-8th) in every heat
- Individual events: ribbons for all athletes 1st 8<sup>th</sup> place (finals only)
- Relays: ribbons for all athletes for 1st 3<sup>rd</sup> place teams (finals only)







# **Bremerton Jaguars Meet Schedule 5/19/18**

RUNNING EVENTS					
TIME	EVENT	AGE DIVISION			
8:30	3000m	9-10 and older			
9:15	Hurdles (80m, 100m, 110m)	11-12 and older			
9:30	100 meter Prelims (5-6 finals) (timed finals if less than 8 in preliminary heat)	5-6 and older			
11:00	1500 meters	7-8 and older			
11:30	50 meters	5-6 only			
12:00	100 meter finals	7-8 and older			
12:45	Lollipop Race	6 & under only			
1:00	400 meters	7-8 and older			
2:00	Fun 4x100	Coaches/Parent Relay (time permitting)			
2:15	4x100 Relay	7-8 and older			
2:45	800 meters	7-8 and older			
3:30	200 meters	7-8 and older			
4:30	4x400 Relay	9-10 and older			
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TOP 8 TIMES ADVANCE TO FINALS.

EVENTS MAY BEGIN UP TO ONE HOUR AHEAD OF SCHEDULE.

FIELD EVENTS					
<u>JUMPS</u> : 3 ATTEMPTS / <u>THROWS</u> : 4 ATTEMPTS. <u>LONG JUMP</u> : Girls – Pit A / Boys – Pit B.					
High Jump	Long Jump	Discus	<b>Shot Put</b>	Turbo Javelin	
12:30 (9-10)	8:30 (5-6)	12:00 (11-12)	9:00 (13-14)	1:00 (7-8, 9-10)	
1:30 (11-12)	9:00 (7-8)	1:00 (13-14)	9:30 (11-12)	Aero Javelin	
2:30 (13-14)	9:30 (9-10)	2:00 (15 and up)	10:30 (9-10)	2:00 (11-12)	
3:30 (15 and up)	10:00 (11-12)		11:30 (7-8)	Javelin	
	11:00 (13-14)		12:00 (15-16)	4:00 (13 and up)	
	12:00 (15 and up)		12:30 (17-18)		

## **CONCESSIONS WILL BE AVAILABLE.**

