

## Cascade Striders Flying Feet Invitational Saturday, October 10, 2015

5 & 6 Year Old Girls 800 meters			
Place	Runner	Club	Time
1	Mackenzie Foree	FWTC	4:22
2	Isabel Whitaker	SB	4:25
3	Paetyn Price	KIT	4:26
4	Louisa Personett	RCF	4:27
5	Zada Personett	RCF	4:59
6	Katherine Nova	SB	5:06
7	Falon Compton	SB	5:11
8	Ryan Frisbie-Smith	RCF	5:20
9	Kaarin Weedin	SB	5:23

5 & 6 Year Old Boys 800 meters			
Place	Runner	Club	Time
1	Eli Glowitz	CS	4:06
2	Brooks Oliver	RCF	4:18
3	David Stone	FWTC	4:22
4	Weston Ford	UA	4:57
5	Chase Kapfhammer	IG	5:11

Team Results		
1st	SB	10 pts
2nd	Rain City Flyers	11 pts

7 & 8 Year Old Boys 2000 meters			
Place	Runner	Club	Time
1	Quinten Brooks	SU	9:54
2	Camden Korb-Nice	RCF	10:01
3	Max Billet	RCF	10:10
4	Brooks Kapfhammer	IG	10:32
5	Tamir Stern	CS	10:49
6	Nikolas Margarones	RCF	10:53
7	Heath Terry	WT	11:11
8	Ollie Lockhart	RCF	11:25
9	Jack Punke	SU	11:26
10	Sam Lindell	High	11:44
11	Miller Wingfield	RCF	12:02
12	Boden Hammerstad	High	12:02
13	Spencer Ballard	FWTC	12:06
14	Quinnton Sing	FWTC	12:43
15	Calvin Forsberg	CS	12:55
16	Everett Burdett	High	12:59
17	Gabe Anselum	High	13:35
18	Whit Linxweiler	High	14:43

7 & 8 Year Old Girls 2000 meters			
Place	Runner	Club	Time
1	Sydney Collier	CS	10:23
2	Rebeca Daniels	CS	10:31
3	Tegan Holme	FWTC	10:33
4	Malu Touras	SU	10:39
5	Kaia Personett	RCF	11:06
6	Mackenzie Walker	RCF	11:32
7	Anna Lendrum-Fort	RCF	11:33
8	Shriya Thakur	CS	12:06
9	Cymran McDonald	FWTC	12:50
10	Bryce Herring	King	12:55
11	Sanjata Salva	RCF	13:46
12	Laila Johnson	SB	14:28
13	Sophia Whitaker	SB	14:42

Team Results		
1st	CS	9 pts
2nd	RCF	12 pts

Team Results		
1st	Rain City Flyers	6 pts
2nd	High Point	15 pts

<b>9 &amp; 10 Year Old Girls 3000 meters</b>			
Place	Runner	Club	Time
1	Alyvia Brown	CS	12:33
2	Ava Borsheim	FWTC	12:37
3	Hannah Lorentz	CS	13:25
4	Emily Gleeson	SU	13:44
5	Jane Harig	IG	14:03
6	Sabrina Chun	SU	14:14
7	Ella Hildebrand	RCF	14:17
8	Thea Smith	SU	14:21
9	Fiona Wolf	CS	14:28
10	Tatum Ford	SU	14:30
11	Brenna Nemeth	FWTC	14:43
12	Ella Korb-Nice	RCF	14:44
13	Riley Pogue	CS	14:47
14	Lilian Gregorich	RCF	14:50
15	Gwen Evans	CS	15:09
16	Tayten Citron	SU	15:15
17	Viktoria Sutara	CS	15:22
18	Arya Shukla	SU	15:29
19	Ava Carrel	CS	15:46
20	Carmen Spoonmole	RCF	15:55
21	Margie McKnight	CS	16:23
22	Gali Kraft	CS	16:24
23	Molly Hoover	CS	16:48
24	Elsa Personett	RCF	17:39
25	Karina Foree	FWTC	18:53
26	Najia Sethi	CS	19:54
27	Caroline Arnold	CS	20:10
28	Lucy Braginski	CS	20:16
29	Eryn Gibbs	CS	20:41
30	Finnley O'Brien	FWTC	22:19
31	Victoria Bostick	King	23:13
32	Jazmyn Braithwaite	King	23:14

<b>Team Results</b>		
1st	Cascade Striders	12 pts
2nd	Speed Unlimited	16 pts
3rd	Rain City	30 pts
4th	Federal Way TC	30 pts

<b>9 &amp; 10 Year Old Boys 3000 meters</b>			
Place	Runner	Club	Time
1	Drew Oliver	RCF	11:33
2	Stephen Bleakly-Harris	RCF	11:39
3	Paul Secheyron	CS	12:01
4	Duncan Frisbie-Smith	RCF	12:45
5	Hudson Atrosh	SU	12:51
6	Lane Swenson	FWTC	13:04
7	Zack Wilkins	CS	13:04
8	Gavin Levchack	FWTC	13:19
9	Miles Herndon	RCF	13:21
10	Conner Jensen	CS	13:22
11	Logan Plesko	RCF	13:27
12	Caleb Hirschfield	RCF	13:32
13	Jackson Fitch	RCF	13:37
14	Yusuf Moazzam	CS	13:41
15	Andrew Rygel	FWTC	14:04
16	Jack Bigelow	RCF	14:05
17	Bal Tim, Jr.	FWTC	14:52
18	Skyler Kelly	RCF	14:55
19	Jack Skinner	CS	14:58
20	Simeon McAdams	RCF	15:29
21	Shon Nelson	SB	15:36
22	Thomas Mael	UA	15:57
23	Eli Pitts	FWTC	15:59
24	E'tienne Redpath	RCF	16:33
25	Elliot Burdett	High	DNF
26	Devin Oligker-Hutchinsen	King	No time

<b>Team Results</b>		
1st	Rain City Flyers	7 pts
2nd	Cascade Striders	18 pts
3rd	Federal TC	24 pts

<b>11 &amp; 12 Year Old Girls 3000 meters</b>			
Place	Runner	Club	Time
1	Julia David-Smith	SU	11:03
2	Ella Borsheim	FWTC	11:09
3	Emily DeJarlais	CS	11:24
4	Jazmyn Stone	FWTC	11:30
5	Kathleen Riordan	FWTC	11:39
6	Maya Cantine	SU	11:55
7	Faith Martinez	SU	12:32
8	Sophia Liesse	SU	12:49
9	Anna Petrobokova	CS	12:56
10	Lauren Arnold	CS	12:57
11	Kelsey Ballard	FWTC	13:09
12	Maja Van Zuylen	RCF	13:15
13	Natalie Hinds	RCF	13:16
14	Beatrice Wingfield	RCF	13:17
15	Isla Chadsey	CS	13:20
16	Sydney Steskal	SU	13:20
17	Brooklyn Liang	CS	13:33
18	Marie Perbokova	CS	13:38
19	Oliva Colwell	RCF	13:47
20	Claudia Wolf	CS	13:47
21	Chloe Ziegler	CS	14:03
22	Ellen Lewis	RCF	14:19
23	Sarah Olson	CS	15:01
24	Pari McDonald	FWTC	15:28
25	Sabreen Moazzam	CS	15:35
26	Lily Wad	CS	15:45
27	Sydney Tapp	CS	15:47
28	Eva Personett	RCF	16:33
29	Aoife Bigelow	RCF	16:42
30	Grace Peterson	CS	17:55
31	Vesta Weed	CS	18:16
32	Alicia Salva	RCF	18:35
33	Brooke Love	RCF	20:10

<b>11 &amp; 12 Year Old Boys 3000 meters</b>			
Place	Runner	Club	Time
1	Anthony Smith	SU	11:09
2	Garrett Nemeth	FWTC	11:31
3	Hayden Fisher	FWTC	11:45
4	Simon Kwon	SU	11:58
5	Peter Leary	RCF	12:01
6	Caleb Murphy	King	12:06
7	Jameson Karmell	FWTC	12:07
8	Mason Bloeser	RCF	12:08
9	Avery Jenkins	RCF	12:17
10	Ian Greer	CS	12:20
11	Rayjin Olson	CS	12:21
12	Maximus Sing	FWTC	12:23
13	Caden Davis	CS	12:27
14	Luke Ensminger	CS	12:27
15	Kya Villanueva	CS	12:38
16	Jackson Smith	FWTC	13:03
17	Ethan Erickson	RCF	13:06
18	Jonathon Walker	RCF	13:10
19	Matan Gurman	CS	13:19
20	Yoav Kraft	CS	13:49
21	Merek Weed	CS	13:59
22	Trevor Williamson	SU	14:18
23	Josh King	RCF	14:21
24	Roman Thome	CS	14:28
25	Ben Godwin	High	14:30
26	Emerson Linscott	CS	14:37
27	Andre Carter	FWTC	14:57
28	Joseph Wielbruda	RCF	15:10
29	Pete King	RCF	15:19
	Aidan Eicknoff	RCF	16:07

<b>Team Results</b>		
1st	Federal Way TC	11 pts
2nd	Speed Unlimited	14 pts
3rd	Cascade Striders	22 pts
4th	Rain City Flyers	39 pts

<b>Team Results</b>		
1st	Federal Way TC	11 pts
2nd	Rain City Flyers	20 pts
3rd	Speed Unlimited	23 pts
4th	Cascade Striders	31 pts

<b>13 &amp; 14 Year Old Girls 4000 meters</b>			
Place	Runner	Club	Time
1	Kate Jendrezak	SU	15:26
2	Emmie Sullivan	WT	16:08
3	Mia Cricker	SU	16:14
4	Maria Salomon	WT	16:41
5	Danielle Jaculewicz	RCF	17:09
6	Aine Dillon	WT	17:29
7	Olivia Reichert	RCF	17:36
8	Lolo Dederer	CS	17:51
9	Katherine Hinds	RCF	18:54
10	Riley Peacock	SU	19:19
11	Clare Morris	CS	19:26
12	Lauren Barkley	CS	19:35
13	Annie Weber	FWTC	20:12
14	Alina Naini	CS	24:15
15	Jadyn Foree	FWTC	24:25
16	Ana McDonald	FWTC	24:37
17	Madeline Jensen	CS	26:05

<b>Team Results</b>		
1st	Whatcom Tess	12 pts
2nd	Speed Unlimited	14 pts
3rd	Rain City Flyers	21 pts
4th	Cascade Striders	31 pts
5th	Federal Way TC	44 pts

<b>15 &amp; 16 Year Old Girls 4000 meters</b>			
Place	Runner	Club	Time
1	Emily Donnel	CS	17:10

<b>Open Women 4000 meters</b>			
Place	Runner	Club	Time
1	Nancy Devine	CS	23:47
2	Muna Moazzam	CS	26:47

<b>13 &amp; 14 Year Old Boys 4000 meters</b>			
Place	Runner	Club	Time
1	Cooper Arons	CS	14:05
2	Sanjay Raman	CS	14:19
3	Gannon Forsberg	CS	14:21
4	Brian Martinez	SU	14:24
5	Matthew Holme	FWTC	14:48
6	Josh Beam	CS	15:09
7	Michael Lewis	RCF	15:11
8	Elian Joseph	SU	16:18
9	Oliver Wolf	CS	16:36
10	Ryan Zimmerman	FWTC	17:01
11	John Wielbruda	RCF	17:28
12	Nolan Cedarhurst	FWTC	18:30
13	Aaron Wu	CS	19:03
14	Andrew Garzon	FWTC	19:05
15	Matthew Jasperson	BP	19:59
16	Jonny Rothberg	CS	20:05

<b>Team Results</b>		
1st	CS	6 pts
2nd	FWTC	22 pts

<b>15 &amp; 16 Year Old Boys 4000 meters</b>			
Place	Runner	Club	Time
1	Jonah Salomon	WT	14:02

<b>Open Men 4000 meters</b>			
Place	Runner	Club	Time
1	Joe Johnson	CS	14:46
2	Steve Corley	CS	15:33
3	Harrison Devine	CS	16:40
4	Dan Evans	CS	17:34
5	Ed Sullivan	WT	18:11
6	Kirk Devine	CS	21:12
7	Azfar Moazzam	CS	22:28

<b>Team Results</b>		
1st	Cascade Striders	6 pts

**Club Codes**

**BP** **Barron Park Striders**

**CS** **Cascade Striders**

**FW** **Federal Way Track Club**

**HCC** Highland Community Center

**HL** Highline

**HV** Hill & Valley

**High** **High Point**

**IG** **Issaquah Gliders**

**King** **King**

**KIT** **Kitsap**

**RBTC** Rainier Beach Track Club

**RCF** **Rain City Flyers**

**RUFIT** Running Unlimited Fitness

**SB** **Sonic Boom**

**SM** Spokane Mercury

**SNO** Snohomish Track Club

**SU** **Speed Unlimited**

**WT** **Whatcom Tesseract**

**UA** **Unattached**